

Recess Update!

Happy New Year

At least 30 minutes of play everyday

**Recess Star
Of the Month
Ryan
Stewart**

**I really like recess because it's fun and you can be active.
The recess coaches show me much love.**

Ty'ania Murphy 6th grade



**Star Community
Partner:**

**Alpha Kappa Alpha
Sorority Inc.
Omicron Beta
Chapter**

Thank you for
supporting our after
school programs.

1

PARENTS

Encourage and support
active & healthy lifestyles at
home.

2

TEACHERS

Lead students in various
Recess activities every
day for 30 minutes.

3

COMMUNITY ALLIES

Use skills & abilities to
inspire students to be
healthy leaders of their
own communities!

Research shows that when children have recess, they gain the following benefits:

- Are less fidgety and more on task.
- Have improved memory and more focused attention.
- Develop more brain connections.
- Learn negotiation skills.
- Exercise leadership, teach games, take turns, and learn to resolve conflicts.





Congrats to our Eagle Cheerleaders

Lyanna Dortch, Nautica Long, Terriana Johnson Lahnazia Lowry, Jiona Walker, Nyizara Brown, Mairium Velez, Santajha Sides, Hallie Richards, Jakhia Polk, Eliza Ramprasad, Denajia Washington and Coaches: Ms. McClary and Ms. Hollomon
Let's Go Eagles, Let's Go!



KBA Basketball Team

Coach Chad Dillard

Danny Crittenden, Derrick Watson, Jordin Flecha, Cicero Ryland IV, Jaylin Mack, Janique Hart, Jubadi Webbs, Kameron McDonald, Tommy Johnson, Jason Harris Jr., Marquis Mack, Jabari Larkins, Keizhra Young, and Denajiah Washington

Come out and support our team:

Jan. 9th	Jan. 12th	Jan. 17th	Jan. 19th	Jan. 23rd
4:30pm	4:30pm	4:15pm	4:30pm	4:00pm
7@#19	#19@54	#19@12	39@#19	E@#19



TEACHERS, just a reminder, your monthly activity logs are to be done electronically. Please track activity for one week and submit your log for the month of December on December 23rd.

1) Every teacher who submits his or her Activity Logs on time is eligible for a gift card valued at **\$100** that may be used for any classroom materials or equipment.

--also--

2) The grade with the highest percentage of on-time, completed Activity Logs will be eligible for a field trip for that grade. Possible field trips include canoeing, bowling, ski lessons, ropes course (at MCC), rock climbing, orienteering, Strong National Museum of Play, and any sporting event.

December Activity Log link: <https://www.surveymonkey.com/r/DecActLog>

Welcome to our new Recess Coach - Ms. Darlanda Johnson

Recess Rules

1. Respect The Game

2. Play Hard

3. Have Fun

Some recess will be held outdoors during the winter.

Please remember to dress appropriately.

Wear your boots, snow pants, jackets, hats, gloves and mittens.



Upcoming Events

Stay Up to Date With all the Recess Program has to Offer!

- January 11th Step Team practice every Wednesday 3:45pm in the cafeteria
See Mr. Ruffin for more details
- Open Gym Mondays Wednesdays and Fridays from 8-9am
- Basketball Mondays Wednesdays and Friday 8-9am
- February 16th Black History Month Celebration
- March 1st Walking Wednesday - Mardi Gras Celebration & Parade
- March 17th Recess Roller Skating Day
- April 28th All Pro Dads & Mighty Moms Dance

VOLUNTEERS are wanted for our school activities

Make time to make a difference. Contact our school office or ext. 3020



Family Fun Night – Volleyball Game



Mrs. Ranalletta's 1st grade class
Cool Down & Breathing Exercise



Healthy Food Demo
By: Fingerlakes Eat Smart NY



KBA Basketball Game

Thank you for supporting Recess!

Recess Team: Room 122E ext. 1225 **Coaches:** Shawn Anderson, Darlanda Johnson & Shurena Wall
Program Coordinator: Jackquelyn Snowden Brown

